

# The Centre Pass

The newsletter for netballers, supporters, members and parents associated with Plenty Valley Netball Association.



2016 Autumn – Issue 55

Check website for association news, fixtures, results and ladders.

[www.pvna.com.au](http://www.pvna.com.au)

username: **netball**

password: **fun2play**

If you have anything to contribute to the newsletter please contact someone on the committee.



## 2016 New Wednesday Competition

### [Are you Interested?](#)

PVNA are looking to start a competition on a Wednesday 4.30pm – 7.00pm. TEAMS can register on 3/2/16. Competition 12 & Under and 14 & Under. If we have enough teams we will commence on 10/2/16. This is a new initiative for the Association. If interested speak to the committee or merely attend on 3/2/16.

NEW COMPETITION  
ANNOUNCED

## Ray White®

1344-1346 Plenty Road,  
Bundoora 3083, VIC  
03 9468 3000

### Items for Newsletter?

Have interesting netball news, event, joke, game, book or other information... let us know via email:

[newsletter@pvna.com.au](mailto:newsletter@pvna.com.au)

## 2016 Autumn Fixture

Check website for latest fixture.

[www.pvna.com.au](http://www.pvna.com.au)

Round 1-2 have been placed on website. I have 15 requests for timeslots and player/coach of teams and umpires. If there is an issue that will impact on your team and it can be worked into the fixture, please let me know ASAP.

Grand Final day will be 25<sup>th</sup> June. No games on the 5<sup>th</sup> March (Labour Day), 26<sup>th</sup> March (Easter), 2<sup>nd</sup> April and 9<sup>th</sup> April (School holidays), and 23<sup>rd</sup> April (ANZAC Day).

Hope to create a balanced fixture for all sections.

Have FUN!!

Vince ([vince@brunoplace.com](mailto:vince@brunoplace.com))

## Who are the RMIT Redbacks?



You may notice that the courts have been branded. This branding relates to the RMIT University game teams. You may have noticed that the RMIT students sometimes have fundraisers to help them attend university games, wherever it is held in Australia.



facebook

PVNA has a face book page! Search.. "Plenty Valley Netball Association"

## Net-Set-Go!

Know someone who is interested



in trying netball out? Or do you know of someone looking to learn netball skills to join a junior netball team? Net-Set-Go! program (also known as Netta) is available to anyone between the ages of 5 and 11 on SATURDAY mornings 11:30am-12:30 and WEDNESDAY afternoons 4:30-5:30, on RMIT BNASC court 3, at a cost of \$3 per session (no Stadium entry payable for Net-Set-Go! participants and parents).

## Team Coaches Important Reminder

Saturday games consist of 4x10 minute ¼s with a **STRAIGHT SWAP** at ¼ and ¾ time. Half time is the only break of 1 minute during the game. Please consider as the clock will start immediately after the time goes for end of first and third quarter.



## RMIT BNASC

Offers a Gym membership, Holiday Program and Birthday Parties!

## Netball Jokes



Q: How do hens encourage their netball teams?

A: They egg them on!

# 2015 Results

Here is a wrap up of the 2015 Spring season. Well done to all teams that played in the finals. Our GRAND FINAL teams were:

13&U Res: V.S.Connected III by 7  
13&Under: Nth. Blues Kangas by 9  
15&U ResB: Fireflyz by 15  
15&U ResA:Nth.Blues Leopards by 25  
18&U Res: Northern Blues Lions by 8  
18&UnderB: Dynamite by 10  
18&UnderA: Sublime by 5

## Grand Final MVPs:

13&URes:Ngahua Stephens - V.S.Connected III  
13&Under: Paige Minutoli - N.B. Kangas  
15&U ResB: Sophie Dennis - A.Angels 15s2  
15&U Res: Sonya Stassinoulas-N.B. Leopards  
15&Under: Anthony Maniapoto-VSConnected II  
18&U Res: Madeleine Floros - N.B. Lions  
18&UnderB: Olivia Florio - Dynamite  
18&UnderA: Tayla Hardiman - Sublime

## Best and Fairest(s):

During the season the umpires submit votes for each game. The following are the B&F for 2015 Spring Season:

### 8-10s Most Improved

Zara Bell - Northern Blues Chicks

### 13&Under Reserve

Nikita Gruevski - Roxy

### 13&Under

Alana Nackovski - Devils

Diandra Mponda - Royal Sapphires

### 15&Under Reserve

Brodie Noble - Aqua Jets

### 15&Under

Harmony Hakai - Phoenix

Stacie Hay - Superstars

### 18&Under Reserve

Demmi Gosling - Black Sapphires

### 18&Under

Rachel Utting - Dynamite

## B&F Runner Up(s) :

### 11&Under

Courtney Thompson - A.Angels 11s1

### 13&Under Reserve

Olivia McNamara - Lightning Bolt

### 13&Under

Paige Minutoli - Nth.Blues Kangas

### 15&Under Reserve

Myah Hamka - Awesome Angels 15s2

Belle Kong - Fireflyz

### 15&Under

Sheniqua Taula - Thunderbolts

Anthony Maniapoto - V.S.Connected II

Lindy Stephens - V.S.Connected II

### 18&Under Reserve

Tenisha Arceri - Blaze Jnr

Jye Gillespie - Blue Viper

### 18&Under

Carla Florio - Dynamite

Caitlin Hill - The Jets

Gabrielle Bruno - Trouble

# Rule Changes

The netball rules have changed in a number of ways. Just as a reminder, that for the first round of games in the 2016 Autumn Season are off and running on Saturday and umpires will be implementing the new Rules of Netball.



To see what the new Rules are, they are outlined on Netball Australia's website:

<http://netball.com.au/new-rules-to-be-implemented-to-start-new-year/>

Also, you can view the explanation of the new Rules on Netball Australia's YouTube page:

<https://www.youtube.com/user/NetballAustralia>

There is a lot to take in and the players and umpires will all be learning as we go along so patience by all concerned please.

Sue Drummond



### HAND SIGNALS

Hand signals are used to accurately illustrate decisions made. They are based on the principle of re-creating and clearly indicating to show the decision. Some examples are:



## Summary

- Umpires will no longer blow their whistle when goals are scored or the ball goes out of court.
- Taking center pass only one foot wholly in the center circle required.
- **Penalty** word has been replaced with the word **Sanction**.
- Taking a penalty pass if in correct position player can play ball immediately, infringing player must still look to stand out of play.
- 'Goal-tending' is no longer allowed. Players cannot block a shot once the ball is on a downward arc.
- The use of injury breaks as tactical time-outs will no longer be possible, with all injury stoppages to be 30 seconds, and the injured player must come straight off the court.
- The game management procedures in dealing with foul play have been standardised through the introduction of a four-step grading system.